



TRAUMA & ATTACHMENT

1 day (introduction) or 2 days (intermediate)

UNDERSTANDING AND RESPONDING TO
COMPLEX TRAUMA-BASED BEHAVIOURS



FACILITATOR

Kym Glynn

LEARNING OUTCOMES:

- Understand the neurobiology of trauma and its impacts on all stages of human development
- Understand how a lack of attachment creates templates for how we see ourselves and our world, and the health outcomes of problematic attachment
- Understand the difference between PTSD, developmental, Intergenerational and complex trauma, and the emotional and behavioural responses to each
- Apply knowledge of trauma and attachment in trauma-informed practice to effect change, increase self-regulation, promote healing and maintain the safety of workers and clients.

ABOUT THIS TRAINING

ThIS training is designed for anyone working with children, young people and adults exhibiting trauma-based behaviours. The workshop will provide participants with practical evidence-informed tools and knowledge to work safely and effectively to enable positive change.